



City of Santa Clara Parks & Recreation Department
Santa Clara Senior Center
1303 Fremont St., Santa Clara, CA 95050
(408) 615-3170

Office hours:
Mon.-Fri., 7:00 AM-4:30 PM
Sat., 9:00 AM-11:30 AM
Sun., Closed

Adventures to Go...

carefree travel for ages 50 plus

October 2011 Newsletter

Day Trips

Day In Sonoma, October 4
Apple Hill, October 13
Golden Gate Fields, October 20
Colma Cemeteries, October 27
Budweiser and Jelly Belly Tour, November 10
Marine Mammal Center & Pier 39, November 16
Poinsettias, Cheese & Chocolate, November 30
Christmas Crèche Exhibit, December 6
Shopping In Union Square, December 8
Beach Blanket Babylon, December 11
NEW! A Johnny Mathis Christmas, December 23
NEW! World of Wonders & BINGO the Musical, January 5
NEW! Natural Bridges & Seymour Marine Lab, January 10
NEW! Nimbus Fish Hatchery & Folsom Prison Museum, January 18
NEW! San Francisco Symphony, January 25

Overnight Trips

Reno Getaway, November 1-3
with optional Golf or Dinner and Show package

Trip descriptions are listed on the following pages.
Register early! Trips fill quickly. Waitlists available.
All trips are open to Santa Clara Residents and Non-Residents.

Let's Talk Travel!

October 26, 12:30 p.m.

Santa Clara Senior Center

Extended Tour Presentation by Kanen Tours

Be one of the first to learn about newly released trips and receive the latest *Adventures to Go* newsletter at *Let's Talk Travel*, held on the fourth Wednesday of each month. Share ideas and interact with others who love to travel. Enjoy presentations by tour specialists and staff. Open to residents and non-residents. Directly after *Let's Talk Travel*, Santa Clara residents can register for new trips. Non-residents can register the following Monday.

Adventures to Go – General Information

Trip Availability: All trips are open to Santa Clara residents and non-residents, ages 50 plus. Priority registration is given to residents for new trips released after *Let's Talk Travel* on the fourth Wednesday of the month; non-residents can register on the following Monday. Register early! Trips fill quickly! Wait lists are created once trips fill; those on the wait list are called as spaces become available. Trips not reaching the minimum enrollment required will be canceled.

Senior Center Registration Form: Travelers are required to complete a Senior Center registration form and sign a liability release each calendar year. Forms must be completed and submitted to the Senior Center office prior to participation in the *Adventures to Go* travel program.

Trip Attendance: Only those officially registered for a trip may attend. Participant substitutions are not allowed at time of check-in on day of trip. All travelers must register in advance at the Santa Clara Senior Center and have a current registration form on file.

Refund Policy:

- **Day/Extended Trips** – Please choose wisely; refunds will ONLY be given when a replacement can be found from the Senior Center trip wait list. No cancellation fees are charged.
- **Extended Trips through agencies** – Tour Agencies have different refund policies for each trip. Please refer to trip flyer for cancellation policy details.
- **Travel Insurance** – The Santa Clara Senior Center recommends you consider travel insurance for your trips. Check online at: <http://www.insuremytrip.com/> or go to any other insurance provider of your choosing.

Trip Substitutions: Trip itineraries may be modified due to unforeseen circumstances. Every effort will be made to replace the location and/or activity with one that is similar. Refunds are not guaranteed should there be a change in itinerary.

Trip Activity Levels/Special Needs: Activity levels listed are offered as a guideline. Travelers with accessibility concerns, special needs, or questions should call the Senior Center office.

Trip Pick-Up/Drop-Off: Trips leave from and return to the old police station parking lot, near the corner of Lincoln Avenue and Civic Center Drive in Santa Clara. Please arrive at least 15 minutes before trip departure for check-in. Motor coach will leave promptly at time specified. During the trip, travelers who do not return to bus at the times specified by the Tour Escort will be required to make arrangements for their return home, at their expense.

Gratuities: All trip fees include a modest gratuity for the driver of the motor coach and servers at hosted meals, where applicable. When you experience exceptional service, you may choose to tip an additional amount. City of Santa Clara employees and tour escorts cannot accept gratuities.

AMERICANS WITH DISABILITIES ACT (ADA) – In accordance with the Americans with Disabilities Act of 1990, the City of Santa Clara Parks and Recreation Department will ensure that all existing facilities will be made accessible to individuals with disabilities. Reasonable modifications in policies, procedures, and/or practices will be made as necessary to ensure full and equal access and enjoyment of all programs and activities for all individuals with a disability. In order to allow participation by individuals with severe allergies, environmental illnesses, multiple chemical sensitivity, or related disabilities, please **DO NOT wear scented products** to programs/activities at City facilities. Contact the Santa Clara Senior Center at (408) 615-3170 with accessibility concerns specific to this facility, and the Parks and Recreation office at (408) 615-2260 for accessibility concerns regarding other parks and recreation facilities/programs. For all other ADA questions, contact the City Clerk's office at (408) 615-2220.

Adventures to Go – Trip Information

Trip availability can change from day to day. Contact the Senior Center office for registration information, (408) 615-3170.

Day In Sonoma No. 43676 Tuesday, October 4
\$99 per person

Activity level: MEDIUM – long periods of walking and standing; wear comfortable walking shoes and dress in layers.

We're headed to Sonoma for the day. We'll tour and taste at the Olive Press. If you've never seen olives being made into olive oil, you've been missing out on one of the most aromatic, delicious, and inspiring experiences! Join us as we see first-hand how olives are transformed from ripe, colorful fruits into smooth, robust, world-acclaimed fresh oils. From there we're headed to Jacuzzi Family Vineyards for a tour and wine tasting. The exquisite stone building will enchant you and the fine wine tasting is sure to delight. The afternoon will be spent at Sonoma Cheese Factory enjoying cheese tasting, shopping, and a Deli-Style lunch followed by free time in downtown Sonoma. *Bus leaves promptly at 8:00 AM and returns at approximately 6:30 PM.*

Apple Hill No. 43677 Thursday, October 13
\$63 per person

Activity level: MEDIUM – 3 1/2 hour drive each way; periods of walking on uneven ground; good walking shoes required.

We're traveling via luxury motor coach to the beautiful High Hill Ranch on Apple Hill in Placerville. When we arrive, we'll enjoy a delicious hosted BBQ Chicken lunch served in the Pie House Dining Room. Lunch includes ¼ of a whole chicken (roisserie style), macaroni salad, dinner roll with butter & honey, apple juice, coffee or hot tea. We'll top off our meal with a dessert of hot Apple Pie Alamode! There will be time to explore the ranch, visit the gift shop and craft fair, and purchase apples or pies to take home. After lunch, we'll sit back and relax as we take a guided loop tour of Apple Hill. The tour guide will talk about the history and development of Apple Hill while pointing out sites along the way. As the motor coach winds down a country road, we will take in all the beautiful scenery, fruit filled orchards, and fall colors spreading across the countryside, making this a day to remember. *Bus leaves promptly at 8:00 AM and returns at approximately 6:00 PM.*

Golden Gate Fields No. 43695 Thursday, October 20
\$68 per person

Activity level: LOW – moderate walking; some stairs; elevator available.

Enjoy Thoroughbred horse racing at Golden Gate Fields in Berkeley. A buffet lunch at the Turf Club will include prime rib, chicken, a variety of salads, fresh fruits, desserts, and a non-alcoholic beverage. View the races from your Turf Club seats. Please remember there is a dress code of "Business Casual," meaning no jeans, shorts, tank tops, or flip flops. Men must wear collared shirts. *Bus leaves promptly at 10:00 AM and returns at approximately 6:30 PM.*

Colma Cemeteries No. 43706 Thursday, October 27
\$82 per person

Activity level: MEDIUM/HIGH – long periods of standing with walking over uneven ground; wear comfortable walking shoes and dress in layers.

On this Halloween time tour, join renowned guide Gary Holloway for a visit to the most famous cemetery in the Bay Area, Cypress Lawn. Founded over a century ago, this burial ground covers hundreds of acres and is the final resting place for many of our most famous Northern Californians, such as Lily Coit, the Spreckels, Floods, Hearsts, Crockers, Tevis' (Wells Fargo Bank), Howards (Seabiscuit), Larkins, Halladie (cable car inventor) and John McLaren of Golden Gate Park fame. We will do a walking tour the east side of the Cemetery in the morning, followed by a hosted lunch at an area classic, Joe's of Westlake. Lunch will include entrée of

your choice: Italian Pot Roast, Chicken Scaloppine, Filet of Sole, or Pasta and Veggies with Red Sauce. All meals will include a salad, dessert, and coffee, tea, or soft drink. In the afternoon we'll walk the west side of the Cemetery, finding several acres of stained and art glass, the largest selection of any cemetery in America. You will be overwhelmed by its intensity and beauty. *Bus leaves promptly at 8:30 AM and returns at approximately 5:30 PM.*

Reno Getaway No. 43707 Tuesday-Thursday, November 1-3

Per person: \$179 double occupancy, \$224 single occupancy

Optional Packages:

- **Golf No. 43708 Wednesday, November 2 \$75 per person**
- **Dinner & Show No.43709 Wednesday, November 2 \$49 per person**

Activity level: MEDIUM – Approx. 5 hour drive to and from Reno with short stop.

Join us for our yearly getaway to Reno. We will travel by deluxe motor coach and make a stop along the way for breakfast before heading to our deluxe accommodations at the Silver Legacy Hotel & Casino. Receive a casino bonus of \$5 cash and a \$3 food credit. You will have plenty of free time to gamble or do what you please. Golfers will enjoy the optional Golf Package at the Red Hawk Resort in Sparks. Price includes transportation to and from the course, morning tee time, green fees, cart, and range balls. Theatre lovers will enjoy the optional dinner and show package at the El Dorado. We will start with a wonderful buffet with so many food options you won't know where to begin. After dinner we will make our way to the beautiful El Dorado Showroom to see *Hairspray*, the Broadway hit musical that is sure to provide an evening of fun and laughter. Please note: meals are not included in this package. *Bus leaves promptly at 8:30 AM on Tuesday and returns at approximately 5:00 PM on Thursday.*

Budweiser and Jelly Belly Tour No. 43710 Thursday, November 10

\$84 per person

Activity level: MEDIUM – Approx. 2 hour drive; periods of walking, standing, and sitting.

Visit the Anheuser-Busch factory for a guided tour...learn what makes Budweiser the KING OF BEERS! We'll taste exotic brews that aren't available in local stores. Next we'll enjoy a hosted lunch at Fenton's Creamery. Choose from a Philly Cheese Steak Sandwich, Grilled Chicken Club, or Fenton's Cheeseburger. All lunches include golden French fries, a fountain drink, and a sundae for dessert. After lunch we'll visit the Jelly Belly factory where you'll smell the aroma of chocolate, peach, cinnamon, pineapple, or whatever is being cooked up that day. During the walking tour, a Jelly Belly tour guides will show you the real working factory where they cook up over 150 different sweet treats. Learn the secrets to how the legendary Jelly Belly jelly bean is created, and discover why it takes more than a week to make a single bean. *Bus leaves promptly at 8:00 AM and returns at approximately 6:00 PM.*

Marine Mammal Center & Pier 39 No. 43711 Wednesday, November 16

\$104 per person

Activity level: MEDIUM – long periods of walking and standing; wear comfortable walking shoes and dress in layers.

We're traveling to Sausalito for a guided tour of Marine Life Mammal Center. A docent will lead participants around the exhibits and viewing areas, provide insights into the work of the Center, and share stories about the seal and sea lion patients. The Center has treated thousands of injured marine mammals and returned them to the sea. Then we'll head over to Pier 39 in San Francisco for a hosted lunch at Pompeii's Grotto. Entrée choices include Shrimp Louie, Grilled Fresh White Fish, Bowl of Clam Chowder and 1/2 Shrimp Sandwich or Grilled Chicken Sandwich. The meal will also include a green salad, dessert, and coffee, tea or soda. After lunch we'll visit the Aquarium of the Bay where we'll explore the wonders of the SF Bay as we walk through 300 feet of crystal clear tunnels surrounded by 20,000 of the bay's most fascinating marine mammals. Touch live leopard sharks, bat rays, and an extensive variety of tide pool animals. Our knowledgeable guide will lead us to the pier to observe the sea lions. We'll learn of their natural history and antics since making their home at Pier 39. It's an adventure you're sure to remember! In addition, the aquarium is hosting an extraordinary marine

life sculpture exhibit. Tons of plastic pollution is used to create monumental sculptures that are awakening the hearts and minds of citizens to the marine debris crisis. Aquarium of the Bay is a unique educational and entertaining facility dedicated to the rich and diverse aquatic life of the San Francisco Bay and its surrounding waters. *Bus leaves promptly at 8:00 AM and returns at approximately 6:00 PM.*

Poinsettias, Cheese & Chocolate No. 43726 Wednesday, November 30
\$79 per person

Activity level: MEDIUM – long periods of walking and standing; wear comfortable walking shoes.

Visit Duarte Nursery for a tour and opportunity to purchase spectacular Poinsettia and Cyclamen plants to grace porches, hearths and to be given as gifts – remember to bring cash or check, as credit cards are not accepted. Duarte's Nursery will be overflowing with crimson, pink, cream, seven different reds and now purple flowers creating a sea of brilliant color. Enjoy shopping in a beautiful winter wonderland filled with delightful gifts. Our visit to Hilmar Cheese will include a cheese making tour, and hosted hot buffet holiday luncheon. This will be followed by plenty of time to shop for delicious gourmet foods, sweet treats, and gift items found in the country boutique. Next we'll visit the Ghirardelli Factory Outlet store. As you enter you'll be greeted with the wonderful aroma of chocolate and a free sample. The prices are honestly low and you'll find all the traditional favorites in individual packages as well as special holiday gift packs. Treat yourself to a cup of Hot Chocolate laced with caramel or a scoop of your favorite ice cream before we head home. *Bus leaves promptly at 8:00 AM and returns at approximately 5:00 PM.*

Christmas Crèche Exhibit No. 43725 Tuesday, December 6
\$72 per person

Activity level: MEDIUM – long periods of walking and standing; wear comfortable walking shoes.

Whether called the French crèche, the Italian presipio, the German krippe, the Spanish nacimiento, or the English crib, the depiction of the nativity scene is one of the oldest and most beloved Christmas traditions. While focusing on the central figures of the mother Mary and the Christ Child, crèche artists often telescope time and place to bring together a host of earthly and heavenly participants - shepherds, animals, and angels. Exhibitors from throughout the Bay Area who represent many faiths loan their treasured nativities for this special exhibit held each year in Palo Alto. Each crèche offers a unique representation, reflecting the culture and perspective of artists around the world. You find many unique artist medians represented such as abalone, bamboo, coconut shell, clay, corn husk, fir, glass, porcelain, mod podge, marble, raku pottery, straw, tapestry, teak and many more. Afterward we'll share a meal together at the California Cafe and free time for Holiday Shopping at the Stanford Mall. Menu selections include Asian Chicken Salad, Grilled Chicken Sandwich, Angel Hair Pomodoro or Grilled Angus Cheddar Burger. All meals include dessert and and beverage. *Bus leaves promptly at 10:00 AM and returns at approximately 5:00 PM.*

Shopping in Union Square No. 43724 Thursday, December 8
\$36 per person

Activity level: MEDIUM – long periods of walking and standing; wear comfortable walking shoes and dress in layers.

Feel the energy of the holiday season in San Francisco! You will be dropped off at Union Square, where you can do what you please. Enjoy a leisurely breakfast or lunch at one of the many fine restaurants in the area, browse and shop for those perfect Christmas gifts, take in the beauty of the holiday decorations in the stores and on the streets. *Bus leaves promptly at 8:30 AM and returns at approximately 4:00 PM.*

Beach Blanket Babylon No. 42766 Sunday, December 11

\$133 per person

Activity level: LOW – moderate walking; must walk one flight of stairs.

We're headed to San Francisco for a hosted mid-afternoon luncheon at Capp's Corner. The meal begins with minestrone soup and green salad followed by an entree choice of Filet of Sole, Eggplant Parmigiana, Chicken Scaloppine, or Pork Tenderloin. The main course selection is served with pasta marinara and braised vegetables. Dessert is Spumoni Ice Cream. After lunch we'll enjoy a festive holiday performance of Beach Blanket Babylon, the longest running musical revue in theatre history. The delightfully entertaining musical spoof of pop culture featuring extravagant costumes and outrageously huge hats is a great way to usher in the holidays, and an excellent excuse to let loose and laugh. The holiday show features a chorus line of tap dancing Christmas trees, special parodies of traditional Christmas carols, and those GIGANTIC zany hats that have made the show so famous. Please note: there is no bar service for this show. *Bus leaves promptly at 12:30 PM and returns at approximately 8:00 PM.*

A Johnny Mathis Christmas No. 44405 Friday, December 23

\$175 per person

Activity level: LOW – short drive and moderate walking.

Begin your holiday weekend with a night to remember. The evening will begin with a hosted dinner at Mariani's – a Santa Clara Tradition. Entrée choices will include Chicken Parmesan, Petrale File of Sole Almandine, and Roast Marinade of Tri Tip. After dinner we will travel to the Flint Center in Cupertino for an evening with Johnny Mathis. From our orchestra seating, we will hear Johnny perform some of his greatest hits such as "Misty" and "Isn't It Romantic" as well as favorite holiday classics. *Bus leaves promptly at 5:15 PM and returns at approximately 10:30 PM.*

World of Wonders & BINGO The Musical No. 44406 Thursday, January 5

\$106 per person

Activity level: MEDIUM – Approx. 2 1/2 hour drive; periods of walking, standing, and sitting.

A ceramist, sculptor, and self-proclaimed "mad scientist," Clayton Bailey aims to surprise and delight with his art. This World of Wonders exhibition at the Crocker Museum in Sacramento presents the full range of his inspired eccentricity in clay and metal, including his early ceramic critters, signature "exploding pots," life-sized robot sculptures, and ray guns realized from discarded aluminum. Also included are Bailey's pseudo-scientific discoveries, including proof of "Big Foot" and ceramic fossils from the "Bone Age," made under the name of his scientific alter-ego, Dr. George Gladstone. Visitors to the exhibition will also experience the artist's fully realized environments, including his backyard "Kaolithic" discoveries and mockumentary "Museum of Wonders" from his home in the Bay Area. In all, 180 works and complementary ephemera span 50 years of Bailey's prodigious production of genuine marvels. After the exhibit we will enjoy a hosted box lunch at the Crocker Café followed by the hilarious musical comedy: BINGO The Musical at The Cosmopolitan Cabaret, California Musical Theatre. Bingo is a splashy, zippy, outrageously funny new musical. Come meet Vern, Honey, and Patsy: three pals that have driven through a terrible storm in the name of their weekly obsession. In between the number calling, strange rituals and fierce competition, love blossoms and long lost friends reunite. *Bus leaves promptly at 7:30 AM and returns at approximately 7:00 PM.*

Natural Bridges & Seymour Marine Lab No. 44407 Tuesday, January 10

\$96 per person

Activity level: MEDIUM – long periods of walking and standing; wear comfortable walking shoes and dress in layers.

Visit the Monarch Butterfly Grove of Natural Bridges State Park. There is a boardwalk that leads to the Eucalyptus Grove with multiple benches along the way. The park's Monarch Grove provides a temporary home for up to 100,000 Monarchs each winter. From roughly mid-October through mid-February, the Monarchs form a "city in the trees." The area's mild ocean air and

eucalyptus grove provide a safe roost until spring. In the spring and summer, the butterflies live in the valley regions west of the Rocky Mountains where milkweed, the only plant a Monarch caterpillar eats, is plentiful. Monarch migration is variable, and numbers vary each year. The park maintains a demonstration milkweed patch where visitors may view Monarch eggs, caterpillars and chrysalides. For about half a year, milkweed is the Monarch's home, super market and maternity ward. The Monarch larva eats only the milkweed plant. We will enjoy a hosted lunch at the Cliff House. Entrée choices include Seafood Thermidor – Scallops, Crab, and Shrimp, Chicken Marsala, and Spice Rubbed Top Sirloin. In the afternoon we'll take a guided tour of a working marine laboratory, Seymour Marine Discovery Center, featuring exhibit halls, aquarium, touch tanks, Ocean Discovery Shop, and unsurpassed vistas of the Monterey Bay National Marine Sanctuary. Hold a sea star-marvel at the world's largest whale skeleton – touch a shark – think like a scientist. *Bus leaves promptly at 8:45 AM and returns at approximately 5:00 PM.*

Nimbus Fish Hatchery & Folsom Prison Museum No. 44408 Wednesday, January 18
\$75 per person

Activity level: MEDIUM – Approx. 2 1/2 hour drive; long periods of walking and standing; wear comfortable walking shoes and dress in layers.

The Nimbus Fish Hatchery was constructed in the late 50s as a way to mitigate the impact that the Folsom-Nimbus Dam had created for the salmon and steelhead trout population in the American River. The hatchery harvests the eggs from the female fish, fertilizes it with “milt” from the male, and raises the fry once they have hatched. This whole process can easily be observed by the public through a glass window that divides the visitor's center from the hatchery floor. There is also a short film that goes through the life cycle of a fish, including what is done at the hatchery. One of the highlights at the center is the raceway ponds, where you can feed pellets to fish who are being kept at the facility until they are large enough to be released back to the river. Feeding fish may not sound thrilling, but to watch these large fish swimming in unison through a large pond suddenly thrash around trying to catch the pellets you threw into the water, then return to their calm, peaceful swim is something to see. We'll travel over the Rainbow Bridge and into historic downtown Folsom for a hosted lunch at the Hacienda Del Rio. “THE HAC” is a historic Folsom favorite, offering traditional Mexican favorites and fun to Sutter Street for over 30 years! After lunch there will be free time to explore downtown Folsom offering many shops and a history museum. We will also visit the Folsom Prison Museum, housed in a small historic home on the state prison property. Discover the legend and the lore of this state penitentiary with a retired guard as your guide. *Bus leaves promptly at 7:45 AM and returns at approximately 6:30 PM.*

San Francisco Symphony No. 44409 Wednesday, January 25
\$66 per person

Activity level: MEDIUM – long periods of walking and standing; wear comfortable walking shoes and dress in layers.

What goes into the San Francisco Symphony performance? What comes before the horns, the tapping baton, the expectant pause, the first fiery notes? Find out at this Open Rehearsal, a remarkable morning of sweet treats, conversation, education, and incredible music in the making. Afterward we'll visit the Ferry Building Marketplace which offers numerous shops, large and small, and celebrates food in all its forms, offering everything from artisan cheeses, organic produce, sweets, baked goods, and the freshest of local fish and meats. Enjoy a no host lunch at one of the many cafes and restaurants. Two spectacular restaurants anchor the bayside corners of the Ferry Building with sweeping views of the waterfront. Numerous cafés provide casual meals that reflect the bounty of the daily market. Enjoy your lunch with an incomparable window to the life of the City. *Bus leaves promptly at 7:30 AM and returns at approximately 4:00 PM.*

Coming in 2012! Mark your calendars now!

Extended Trip "Hollywood Getaway," February – Date to be determined.

Steinbeck Center & Steinbeck Home Luncheon, February 2

Golden Girls of Pop & Lunch at Castagnola's, February 14

The Marvelous Wonderettes, February 26

Cirque duSoleil "Totem," March 23

More information available at *Let's Talk Travel* on October 26.

(I:\Senior Center\Programs\Travel Program\Newsletters\Tour Newsletter- October 2011)